

# PE and Sport Funding: Academic Year 2023 – 2024

### Statement of intent

Our primary objective is to foster a comprehensive understanding of PESSPA (Physical Education, School Sport, and Physical Activity) amongst our pupils and emphasise its importance within our school community.

Central to our vision is the cultivation of a culture where every student appreciates the value of leading an active and healthy lifestyle. We are committed to ensuring that each pupil partakes in a minimum of 30 minutes of physical activity daily. This will be facilitated through a structured approach encompassing PE lessons, break and lunchtime physical activities, activity week and an array of after-school sports programmes.

Expanding the scope of sporting and physical activities on offer is a key aspect of our strategy. By diversifying the options available to students, we aim to enhance interest and engagement in sports and games. We are particularly focused on reaching out to pupils who may not typically participate in traditional sports, offering them a variety of fun and stimulating activities designed to boost their self-confidence.

In line with our commitment to inclusivity, we are dedicated to providing ample opportunities for competitive sports within the school. Our goal is to ensure that every child has the chance to actively participate in sporting events and enhance their teamwork and sportsmanship skills.

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#### **Physical Education, School Sport and Physical Activity (PESSPA) Key Priorities:**

- 1. Ensuring every child undertakes at least 30 minutes of physical activity every school day (in line with Chief Medical Officers guidelines) and that it this contributes to both their physical and mental wellbeing
- 2. Provide all pupils with opportunities to take part in a wide range of physical activities both within and outside the curriculum. (Recently studies show that even a slight amount of physical activity can boost a child's classroom performance and results by unto 20%)`
- 3. Provide opportunities for PE and sport to support children's physical AND mental wellbeing
- 4. Enhance and upgrade existing equipment providing children with the resources to take part in more physical activities more often.
- 5. Increased participation in competitive sports.

PESSPA Key Indicator 1: The engagement of all pupils in regular physical activity – CMO's guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity per day in school.

Intent	Implementation		Impact
What do we want to achieve?	Actions and costs		Anticipated effectiveness of our actions and possible next steps
Pupils can access equipment that is good quality and plentiful, across a range of activity times: PE, outdoor provision, playtime and extra-curricular time. (KP 1, 3 & 4)	Children are provided with PE equipment, and a lunchtime sports coordinator organises meaningful physical activities for children of all abilities.  A sensory has been provided to give a calming and therapeutic	£1599.99	repair, meaning they are available to all children throughout the year.  • The maintenance of the equipment ensures that it adheres to health and safety guidelines and children are able to use it safely and in confidence.  • Encourage pupils to participate more in physical activity
	give a calming and therapeutic environment for children who may require additional support with their		through access to equipment that suits their needs

	sensory needs. This facility can be used not only during physical education classes but also as a resource for teachers to support individual students with specific sensory needs.	
Provide meaningful physical activities before school, during play time, lunch time and after school, led by qualified coaches and assisted by play leaders.  (KP 1, 2 & 4)	Football club is a mixed-ability afterschool activity that runs every Friday (15.30-16.15) for boys and girls in Years 4,5 and 6.  Gymnastics Club allows us to provide high-quality extracurricular activities that promote physical fitness, coordination. strength, flexibility, and overall fitness in a fun and engaging environment.	<ul> <li>Evidence shows that involvement in extracurricular sporting activities may increase attendance and retention (EEF 2021).</li> <li>Physical activity has important benefits in terms of health, wellbeing, and physical development.</li> <li>Development of our school's offer for 30 mins of daily physical activity, this is due to rise to 60 mins.</li> <li>Increasing pupils' enjoyment of exercise.</li> </ul>
PESSPA Key Indicator 2: The improvement	profile of PE and sport is raise	d across the school as a tool for whole-school
Provision of ample, suitable resources in order that PE lessons have the best opportunities to develop sporting skills and abilities for each and every child.  (KP 1, 2 & 4)	The previous year's provision of PE equipment has been maintained and made available to all staff and children.	<ul> <li>Development of our school's PE offering</li> <li>Increasing pupils' enjoyment of physical activity.</li> <li>Clear focus upon promoting PESSPA across the whole school and the development of pupil's self-confidence in sport.</li> </ul>
Raise the profile of sport by encouraging pupils to share their external sporting successes in the		

SOTW assembly. ( <b>KP 1, 2 &amp; 4</b> )			
PESSPA Key Indicator 3: Inci The delivery of high quality gymnastics provision and development of skills for teachers, in order to boost skills and enjoyment of gymnastics for our	Employment of a specialist gymnastics coach, Sam Crewe to deliver sessions for Reception and Years 1-6 on Tuesday / Wednesday afternoons (one term	<b>and skil</b> £3,080	<ul> <li>Is of all staff in teaching PE and sport</li> <li>Increased teacher confidence and skills in delivery of gymnastics.</li> <li>Pupils' fitness levels are increased.</li> <li>Pupils enjoy gymnastics more.</li> <li>Teaching is high quality and sessions are delivered at a</li> </ul>

## PESSPA Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils

Provision of 'Activity Week', in which pupils will experience different sporting activities that they may not normally access in the curriculum.

(KP 2 & 3)

Securing the services of a number of outside agencies to deliver sessions in school, starting with a 'Wow Experience' for all pupils to begin the week.

£1781.40

- Increased awareness and enjoyment of a range of sports and activities that pupils may not have experienced before.
- Improvement in wellbeing, owing to enjoyment of Activity Week.
- Activities are wide-ranging and inclusive to ensure accessibility for all pupils.

## PESSPA Key Indicator 5: Increased participation in competitive sport

Providing the opportunity for all pupils to participate in competitive sport and to represent their school in a range of activities.  (KP 1, 2 & 3)	Affiliation to the BPSSA and entry into selected competitions. Costs associated with this include transporting pupils to venues and paying for staff cover.	£950	<ul> <li>Pupils compete at a high level against other schools in a variety of competitions.</li> <li>Pupils' fitness levels are increased.</li> <li>Pupils enjoy the challenge of competing.</li> <li>Pupils' self-esteem and confidence is boosted.</li> </ul>
The delivery of high quality gymnastics provision to selected pupils who have demonstrated exceptional skills in gymnastics and may compete in a boroughwide competition.  (KP 2 & 3)	Gymnastics extra-curricular club delivered by Sam Crewe on Wednesday after school.  Travel costs to and from competitions.	£1,260 £730	<ul> <li>Children compete at a high level against other schools.</li> <li>Pupils' fitness levels are increased.</li> <li>Pupils enjoy gymnastics more.</li> <li>Children are able to take part in extra-curricular activities, where cost could otherwise be a barrier.</li> </ul>
Total anticipated expenditure: £17,716.54		Amount carried forward to 2024/2025: £74.46	