



At Griffin Park Primary School, our PE curriculum is built to ignite a lifelong love of movement, teamwork and healthy living. We believe physical education is more than sport. It is resilience in trainers, confidence in motion and character built one step, sprint and stretch at a time.

Rooted in our three core principles of **Be Safe, Be Ready, Be Respectful**, our PE provision ensures every child thrives physically, socially and emotionally.

#### **Be Safe**

Children learn to understand their bodies, manage risk responsibly and use equipment correctly. We promote physical wellbeing, safe competition and positive decision making so that every pupil feels secure and supported while being active.

#### **Be Ready**

We encourage pupils to approach every lesson with determination, focus and a willingness to challenge themselves. Whether developing fundamental skills, learning new sports or refining technique, children are ready to persevere, reflect and improve.

#### **Be Respectful**

Through teamwork, fair play and sportsmanship, pupils learn to celebrate success with humility and face setbacks with integrity. They respect teammates, opponents, officials and themselves, recognising that character matters just as much as performance.

We want every child to leave Griffin Park confident in their abilities, proud of their progress and equipped with the knowledge and habits to lead active, healthy lives long after the final whistle blows.